

APOTEX PRINTED PACKAGING MATERIAL MASTER

New Material Code: 040-T-00726	ECL Common Text#: N/A	Description: 1225135 Modafinil Tablets Outset-Patient Leaflet United States
SAP Ref #: 71807, 71808 (ZERT)		

NOTE: Pharmacode is vendor specific information and may vary

Page 2 of 2

(21.25 in)
539.7 mm

- Do not change the time of day you take PROVIGIL unless you have talked to your doctor. If you take PROVIGIL too close to your bedtime, you may find it harder to go to sleep.
 - You can take PROVIGIL with or without food.
 - If you take more than your prescribed dose or if you take an overdose of PROVIGIL, call your doctor or go to the nearest hospital emergency room right away.
- Symptoms of an overdose of PROVIGIL may include:
- trouble sleeping
 - restlessness
 - confusion
 - feeling disoriented
 - feeling excited
 - hearing, seeing, feeling, or sensing things that are not really there (hallucinations)
 - nausea and diarrhea
 - a fast or slow heartbeat
 - chest pain
 - increased blood pressure

- What should I avoid while taking PROVIGIL?**
- Do not drive a car or do other dangerous activities until you know how PROVIGIL affects you. People with sleep disorders should always be careful about doing things that could be dangerous. Do not change your daily habits until your doctor tells you it is okay.
 - You should avoid drinking alcohol. It is not known how drinking alcohol will affect you when taking PROVIGIL.

- What are possible side effects of PROVIGIL?**
- PROVIGIL may cause serious side effects.** Stop taking PROVIGIL and call your doctor right away or get emergency help if you get any of the following:
- a serious rash or serious allergic reaction.** (See "What is the most important information I should know about PROVIGIL?")
 - mental (psychiatric) symptoms, including:**
 - depression
 - feeling anxious
 - hearing, seeing, feeling, or sensing things that are not really there (hallucinations)
 - an extreme increase in activity and talking (mania)
 - thoughts of suicide
 - aggressive behavior
 - other mental problems
 - symptoms of a heart problem,** including chest pain, abnormal heartbeat, and trouble breathing

- Common side effects that can happen in anyone who takes PROVIGIL include:
- headache
 - back pain
 - nausea
 - feeling nervous
 - stuffy nose
 - diarrhea
 - feeling anxious
 - trouble sleeping
 - dizziness
 - upset stomach

- PROVIGIL is not approved for use in children** for any medical condition including Attention Deficit Hyperactivity Disorder (ADHD). In studies of PROVIGIL in children with narcolepsy, side effects included:
- Tourette's syndrome
 - hostile behavior
 - increase in sudden loss of muscle tone and severe muscle weakness
 - increase in seeing and hearing things when falling asleep
 - increase in suicidal thoughts
 - low white blood count
 - painful menstrual periods

- Tell your doctor if you get any side effect that bothers you or that does not go away while taking PROVIGIL.
- These are not all the side effects of PROVIGIL. For more information, ask your doctor or pharmacist.
- Some effects of PROVIGIL on the brain are the same as other medicines called "stimulants". These effects may lead to abuse or dependence on PROVIGIL.

- Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.
- How should I store PROVIGIL?**
- Store PROVIGIL at room temperature between 68°F and 77°F (20°C and 25°C).

- Keep PROVIGIL and all medicines out of the reach of children.**
- General information about the safe and effective use of PROVIGIL.**
- Medicines are sometimes prescribed for purposes other than those listed in a Medication Guide. Do not use PROVIGIL for a condition for which it was not prescribed. Do not give PROVIGIL to other people, even if they have the same symptoms you have. It may harm them and it is against the law.

- This Medication Guide summarizes the most important information about PROVIGIL. If you would like more information, talk with your doctor. You can ask your doctor or pharmacist for information about PROVIGIL that is written for health professionals. For more information, call 1-800-706-5575.
- What are the ingredients in PROVIGIL?**
- Active Ingredient:** modafinil
- Inactive Ingredients:** lactose monohydrate, microcrystalline cellulose, pregelatinized starch, croscarmellose sodium, povidone, and magnesium stearate.

- Manufactured for:
Apotex Corp., Weston, Florida 33326 USA
- All rights reserved
- ApoPharma is a registered trademark of Apotex Inc.
- Revised: February 2025

- People with narcolepsy or OSA usually take PROVIGIL 1 time each day in the morning
- People with SWD usually take PROVIGIL about 1 hour before their work shift.
- Do not change the time of day you take PROVIGIL unless you have talked to your doctor. If you take PROVIGIL too close to your bedtime, you may find it harder to go to sleep.
- You can take PROVIGIL with or without food.
- If you take more than your prescribed dose or if you take an overdose of PROVIGIL, call your doctor or go to the nearest hospital emergency room right away.

- Symptoms of an overdose of PROVIGIL may include:
- trouble sleeping
 - restlessness
 - confusion
 - feeling disoriented
 - hearing, seeing, feeling, or sensing things that are not really there (hallucinations)
 - nausea and diarrhea
 - a fast or slow heartbeat
 - chest pain
 - increased blood pressure

- What should I avoid while taking PROVIGIL?**
- Do not drive a car or do other dangerous activities until you know how PROVIGIL affects you. People with sleep disorders should always be careful about doing things that could be dangerous. Do not change your daily habits until your doctor tells you it is okay.
 - You should avoid drinking alcohol. It is not known how drinking alcohol will affect you when taking PROVIGIL.

- What are possible side effects of PROVIGIL?**
- PROVIGIL may cause serious side effects.** Stop taking PROVIGIL and call your doctor right away or get emergency help if you get any of the following:
- a serious rash or serious allergic reaction.** (See "What is the most important information I should know about PROVIGIL?")
 - mental (psychiatric) symptoms, including:**
 - depression
 - feeling anxious
 - hearing, seeing, feeling, or sensing things that are not really there (hallucinations)
 - an extreme increase in activity and talking (mania)
 - thoughts of suicide
 - aggressive behavior
 - other mental problems
 - symptoms of a heart problem,** including chest pain, abnormal heartbeat, and trouble breathing

- Common side effects that can happen in anyone who takes PROVIGIL include:
- headache
 - back pain
 - nausea
 - feeling nervous
 - stuffy nose
 - diarrhea
 - feeling anxious
 - trouble sleeping
 - dizziness
 - upset stomach

- PROVIGIL is not approved for use in children** for any medical condition including Attention Deficit Hyperactivity Disorder (ADHD). In studies of PROVIGIL in children with narcolepsy, side effects included:
- Tourette's syndrome
 - hostile behavior
 - increase in sudden loss of muscle tone and severe muscle weakness
 - increase in seeing and hearing things when falling asleep
 - increase in suicidal thoughts
 - low white blood count
 - painful menstrual periods

- Tell your doctor if you get any side effect that bothers you or that does not go away while taking PROVIGIL.
- These are not all the side effects of PROVIGIL. For more information, ask your doctor or pharmacist.
- Some effects of PROVIGIL on the brain are the same as other medicines called "stimulants". These effects may lead to abuse or dependence on PROVIGIL.

- Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.
- How should I store PROVIGIL?**
- Store PROVIGIL at room temperature between 68°F and 77°F (20°C and 25°C).

- Keep PROVIGIL and all medicines out of the reach of children.**
- General information about the safe and effective use of PROVIGIL.**
- Medicines are sometimes prescribed for purposes other than those listed in a Medication Guide. Do not use PROVIGIL for a condition for which it was not prescribed. Do not give PROVIGIL to other people, even if they have the same symptoms you have. It may harm them and it is against the law.

- This Medication Guide summarizes the most important information about PROVIGIL. If you would like more information, talk with your doctor. You can ask your doctor or pharmacist for information about PROVIGIL that is written for health professionals. For more information, call 1-800-706-5575.
- What are the ingredients in PROVIGIL?**
- Active Ingredient:** modafinil
- Inactive Ingredients:** lactose monohydrate, microcrystalline cellulose, pregelatinized starch, croscarmellose sodium, povidone, and magnesium stearate.

- Manufactured for:
Apotex Corp., Weston, Florida 33326 USA
- All rights reserved
- ApoPharma is a registered trademark of Apotex Inc.
- Revised: February 2025

- ApoPharma is a registered trademark of Apotex Inc.
- Revised: February 2025

9. DRUG ABUSE AND DEPENDENCE

9.1 Controlled Substance

PROVIGIL contains modafinil, a Schedule IV controlled substance.

9.2 Abuse

In human, modafinil produces psychomotor and euphoric effects, alterations in mood, perception, thinking, and feelings typical of other CNS stimulants. In *in vitro* binding studies, modafinil binds to the dopamine reuptake site and causes an increase in extracellular dopamine, but no increase in dopamine release. Modafinil is reinforcing, as evidenced by its self-administration in monkeys previously trained to self-administer cocaine. In some studies, modafinil was also partially discriminated as stimulant-like. Physicians should follow patients closely, especially those with a history of drug and/or stimulant (e.g., methylphenidate, amphetamine, or cocaine) abuse. Patients should be observed for signs of misuse or abuse (e.g., incrementation of doses or drug-seeking behavior).

9.3 Dependence

In one placebo-controlled clinical trial, the effects of modafinil withdrawal were monitored following 9 weeks of modafinil use. There were no reported withdrawal symptoms with modafinil during 14 days of observation, although sleepiness returned in narcoleptic patients.

10. OVERDOSEAGE

In clinical trials, a total of 51 protocol-specified doses ranging from 1000 to 1600 mg/day (5 to 8 times the recommended daily dose of PROVIGIL) have been administered to 32 subjects, including 13 subjects who received doses of 1000 or 1200 mg/day for 7 to 21 consecutive days. In addition, several intentional acute overdoses occurred; the two largest being 4500 mg and 4000 mg taken by two subjects participating in foreign depression studies. None of these study subjects experienced life-threatening effects.

Adverse reactions that were reported at these doses included excitation or agitation, insomnia, and slight or moderate elevations in hemodynamic parameters. Other adverse reactions or side effects in clinical studies have included anxiety, irritability, aggression, confusion, nervousness, tremor, palpitations, sleep disturbances, nausea, diarrhea, and decreased probolism.

From postmarketing experience, there have been reports of fatal overdoses involving modafinil alone or in combination with other drugs. Symptoms most often accompanying PROVIGIL overdose, alone or in combination with other drugs have included insomnia, central nervous system symptoms such as restlessness, disorientation, confusion, agitation, anxiety, excitation, and hallucinations; digestive changes such as nausea and diarrhea; and cardiovascular changes such as tachycardia, bradycardia, hypertension, and chest pain.

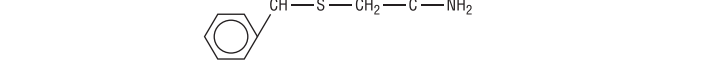
Cases of accidental ingestion/overdose have been reported in children as young as 11 months of age. The highest reported overdose in a single basis occurred in a three-year-old boy who ingested 800-1000 mg (50-63 mg/kg) of PROVIGIL. The child remained stable. The symptoms associated with overdose in children were similar to those observed in adults.

No specific antidote exists for the toxic effects of a PROVIGIL overdose. Such overdoses should be managed with primarily supportive care, including cardiovascular monitoring.

11. DESCRIPTION

PROVIGIL (modafinil) is a wakefulness-promoting agent for oral administration. Modafinil is a racemic compound. The chemical name for modafinil is 2-(diphenylmethyl)sulfonamide. The molecular formula is C₁₆H₁₅N₃O₂S and the molecular weight is 273.35.

The chemical structure is:



Modafinil is a white to off-white, crystalline powder that is practically insoluble in water and cyclohexane. It is sparingly to slightly soluble in methanol and acetone.

PROVIGIL tablets contain 100 mg or 200 mg of modafinil and the following inactive ingredients: croscarmellose sodium, lactose monohydrate, magnesium stearate, microcrystalline cellulose, povidone, and pregelatinized starch.

12. CLINICAL PHARMACOLOGY

12.1 Mechanism of Action

The major mode of action of modafinil promotes wakefulness is unknown. Modafinil has wake-promoting actions similar to sympathomimetic agents including amphetamine and methylphenidate, although the pharmacologic mechanisms of action are different.

Modafinil-induced wakefulness can be attenuated by the α -adrenergic receptor antagonist, prazosin; however, modafinil is inactive in other *in vitro* assay systems designed to be responsive to α -adrenergic agonists but not to α -adrenergic antagonists.

Modafinil is not a direct- or indirect-acting dopamine receptor agonist. However, *in vitro*, modafinil binds to the dopamine transporter and has been associated with an increase in extracellular dopamine levels in some brain regions of animals. *In genetically engineered mice lacking the dopamine transporter*, modafinil had no effect on extracellular dopamine levels. In contrast, in DAT-dependent mice, the wake-promoting effects of modafinil, unlike those of amphetamine, were not antagonized by the dopamine reuptake inhibitor, BZT. In addition, alpha-methyl-p-tyrosine, a dopamine synthesis inhibitor, blocks the effect of amphetamine, but does not block wakefulness activity induced by modafinil.

In *in vivo* rat wakefulness-promoting doses of methylphenidate and amphetamine increased neuronal activation throughout the brain. Modafinil at an equivalent wakefulness-promoting dose selectively and transiently increased neuronal activation in more discrete regions of the brain. The relationship of this finding in rats to the effects of modafinil in humans is unknown.

In addition to its wake-promoting effects and its ability to increase locomotor activity in animals, modafinil produces psychomotor and euphoric effects, alterations in mood, perception, thinking, and feelings typical of other CNS stimulants in humans. Modafinil has reinforcing properties, as evidenced by its self-administration in monkey previously trained to self-administer cocaine. Modafinil was also partially discriminated as stimulant-like.

The optical enantiomers of modafinil have similar pharmacologic actions in rats. Two major metabolites of modafinil, modafinil acid and modafinil sulfone, do not appear to contribute to the CNS-activating properties of modafinil.

12.2 Pharmacokinetics

Modafinil is a 1:1 racemic compound, whose enantiomers have different pharmacokinetics (e.g., the half-life of R-modafinil is approximately three times that of S-modafinil in adult humans). The enantiomers do not interconvert. At steady state, total exposure to R-modafinil is approximately three times that for S-modafinil. The trough concentration (C_{min}) of circulating modafinil after once daily dosing consists of 80% of R-modafinil and 12% of S-modafinil. The effective elimination half-life of modafinil after multiple doses is about 15 hours. The enantiomers of modafinil exhibit linear kinetics upon multiple dosing of 200-600 mg/day once daily in healthy volunteers. Apparent steady states of total modafinil and R-modafinil are reached after 2-4 days of dosing.

Absorption: PROVIGIL is readily absorbed after oral administration, with peak plasma concentrations occurring at 2-4 hours. The bioavailability of PROVIGIL tablets is approximately equal to that of an aqueous suspension. The absolute bioavailability was not determined due to the aqueous instability (<1 mg/ml) of modafinil, which precluded intravenous administration. Food has no effect on overall PROVIGIL bioavailability; however, time to reach peak concentration (T_{max}) may be delayed by approximately one hour if taken with food.

Distribution: PROVIGIL has an apparent volume of distribution of approximately 0.9 L/kg. In human plasma, *in vitro*, modafinil is moderately bound to plasma protein (approximately 60%), mainly to albumin. The potential for interactions of PROVIGIL with highly protein-bound drugs is considered to be minimal.

Metabolism and Elimination: The major route of elimination is metabolism (approximately 90%), primarily by the liver, with subsequent renal elimination of the metabolites. Urine alkalization has no effect on the elimination of modafinil.

Metabolism occurs through hydrolytic deamination, S-isomerization, aromatic ring hydroxylation, and glucuronide conjugation. Less than 10% of an administered dose is excreted as the parent compound. In a clinical study using radiolabeled modafinil, a total of 81% of the administered radioactivity was recovered in 11 days after dosing, predominantly in the urine (88% vs. 10% in the feces). The largest fraction of the drug in urine was modafinil acid, but at least 60% of the administered dose was present in lower concentrations. Only the hydrolytic deamination metabolite, modafinil acid, has also been observed in urine after incubation of primary cultures of human hepatocytes with modafinil and *in vivo* after extended administration of modafinil at 400 mg/day.

Specific Populations: Age: A slight decrease (approximately 20%) in the oral clearance (CL/F) of modafinil was observed in a single dose study at 200 mg in 12 subjects with a mean age of 63 years (range 33 - 72 years), but the change was considered not likely to be clinically significant. In a multiple dose study (200 mg/day) in 12 patients with a mean age of 62 years (range 47 - 72 years), the mean levels of modafinil in plasma were approximately two times those historically obtained in matched younger subjects. Due to potential effects from the multiple concomitant medications with which most of the patients were being treated, the apparent difference in modafinil pharmacokinetics may not be attributable solely to the effects of aging. However, the results suggest that the clearance of modafinil may be reduced in the elderly (see Dosage and Administration (2.4) and Use in Specific Populations (8.5)).

Gender: The pharmacokinetics of modafinil are not affected by gender.

Race: The influence of race on the pharmacokinetics of modafinil has not been studied.

Renal Impairment: In a single dose 200 mg modafinil study, severe chronic renal failure (creatinine clearance <30 mL/min) did not significantly influence the pharmacokinetics of modafinil, but exposure to modafinil acid (an inactive metabolite) was increased 4-fold.

Hepatic Impairment

The pharmacokinetics and metabolism of modafinil were examined in patients with cirrhosis of the liver (8 men and 5 women). These patients had stage B or C cirrhosis and 6 patients had stage C or C cirrhosis (see the Child-Pugh score criteria). Clinically 8 of 13 patients were cirrhotic and all had ascites. In these patients, the oral clearance of modafinil was decreased by about 60% and the steady state concentration was increased compared to normal patients (see Dosage and Administration (2.3) and Use in Specific Populations (8.6)).

Drug Interactions

In vitro data demonstrated that modafinil weakly induces CYP1A2, CYP2B6, and possibly CYP3A4 activities in a concentration-related manner and that CYP2C19 activity is reversibly inhibited by modafinil. *In vitro* data also demonstrated that modafinil induced an apparent concentration-related suppression of expression of CYP2C8 activity. Other CYP activities did not appear to be affected by modafinil.

Potential Interactions With Drugs That Inhibit, Induce, or Are Metabolized by Cytochrome P450 Isoenzymes and Other Hepatic Enzymes

The existence of multiple pathways for modafinil metabolism, as well as the fact that a non-CYP-related pathway is the most rapid in metabolizing modafinil, suggest that there is a low probability of substantive effects on the overall pharmacokinetics profile of PROVIGIL due to CYP inhibition by concomitant medications. However, due to the partial involvement of CYP450 enzymes in the metabolic elimination of modafinil, coadministration of potent inducers of CYP3A4s (e.g., carbamazepine, phenobarbital, efavirenz) or inhibitors of CYP3A4s (e.g., ketoconazole, erythromycin) could alter the plasma concentrations of modafinil.

The Potential of PROVIGIL to Alter the Metabolism of Other Drugs by Enzyme Induction or Inhibition

- Drugs Metabolized by CYP3A4S
 - In vitro* data demonstrated that modafinil is a weak inducer of CYP3A4 activity in a concentration-related manner. Therefore, the blood levels and effectiveness of drugs that are substrates for CYP3A4 enzymes (e.g., steroid contraceptives, cyclosporine, midazolam, and triazolam) may be reduced after initiation of concomitant treatment with PROVIGIL (see Drug Interactions (7)).

- Ethyl Erythra - Administration of modafinil to female volunteers once daily at 200 mg/day for 7 days followed by 400 mg/day for 21 days resulted in a mean 11% decrease in mean C_{max} and 18% decrease in mean AUC₀₋₂₄ of ethyl erythra (EE; 0.03 mg administered orally with nonpregnancy). There was no apparent change in the elimination rate of ethyl erythra.

- Triazolam - In the drug interaction study between PROVIGIL and ethyl erythra (EE), on the same day as those for the plasma sampling for EE, pharmacokinetics of a single dose of triazolam (0.125 mg) was also monitored. Mean C_{max} and AUC₀₋₂₄ of triazolam were decreased by 42% and 58%, respectively, and its elimination half-life was decreased by approximately an hour after the modafinil treatment.

- Cyclosporine - One case of an interaction between modafinil and cyclosporine, a substrate of CYP3A4, has been reported in a 41-year-old woman who had undergone an organ transplant after one month of administration of 200 mg/day of modafinil; cyclosporine blood levels were decreased by 50%. The interaction was considered to be due to the increased metabolism of cyclosporine, since no other factor appeared to affect the disposition of the drug had changed.

- Midazolam - In a clinical study, concomitant administration of amphetamine 250 mg resulted in a significant increase in systemic exposure to midazolam by 32% after a single oral dose (5 mg) and by 17% after a single intravenous dose (2 mg).

- Quinine - In a separate clinical study, concomitant administration of amphetamine 250 mg with quinine (500 mg to 600 mg daily doses) resulted in a reduction in the mean systemic exposure of quinine by approximately 29%.

- Drugs Metabolized by CYP1A2
 - In vitro* data demonstrated that modafinil is a weak inducer of CYP1A2 in a concentration-related manner. However, in a clinical study with amphetamine using caffeine as a probe substrate, no significant effect on CYP1A2 activity was observed.

- Drugs Metabolized by CYP2B6
 - In vitro* data demonstrated that modafinil is a weak inducer of CYP2B6 activity in a concentration-related manner.

- Drugs Metabolized by CYP2C8
 - In vitro* data demonstrated that modafinil did not produce significant effects on the expression of CYP2C8 activity.

- Warfarin: Concomitant administration of modafinil with warfarin did not produce significant changes in the pharmacokinetic profile of warfarin or other clinical, even though the absorption of modafinil was delayed for approximately one hour.

- Drugs Metabolized by CYP2C19
 - In vitro* data demonstrated that modafinil produced an apparent concentration-related suppression of expression of CYP2C19 activity suggesting that there is a potential for a metabolic interaction between modafinil and the substrates of this enzyme (e.g., 5-fluorouracil and phenytoin) (see Drug Interactions (7)).

- Drugs Metabolized by CYP2C9
 - In vitro* data demonstrated that modafinil did not alter the pharmacokinetic profile of the parent modafinil; the combined effect of both compounds could produce sustained partial inhibition with the enzyme. Therefore, exposure to CYP2C9 drugs that are substrates for CYP2C9 (i.e., phenytoin, diazepam, propofol, omidazole, and cimetidine) may be increased when used concomitantly with PROVIGIL (see Drug Interactions (7)).

- CYP2C19 is an incident of increased levels of cimetidine and its active metabolite desmethylcimetidine by CYP2C19. In *in vitro*-tested patients deficient in CYP2C19 (i.e., those who are poor metabolizers of desmethylcimetidine >10% of the Caucasian population, similar or lower in other ethnicities), the amount of modafinil by CYP2C19 may be substantially increased. PROVIGIL may cause elevation of the levels of the triolines in this subset of patients (see Drug Interactions (7)).

- Concomitant administration of modafinil with quinine reduced the systemic exposure of quinine.

- Interaction with P-glycoprotein
 - An *in vitro* study demonstrated that modafinil is a substrate of P-glycoprotein. The impact of inhibition of P-glycoprotein is not known.

13. NONCLINICAL TOXICOLOGY

13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility

Carcinogenesis: Carcinogenicity studies were conducted in which modafinil (a mixture of R- and S-modafinil) was administered in the diet to mice for 78 weeks and to rats for 104 weeks at doses of 0, 30, and 60 mg/kg/day. The highest doses studied were associated with plasma modafinil exposures (AUC) less than that in humans at the recommended human dose (RHD) of PROVIGIL (200 mg/day). There was no evidence of tumorigenicity associated with modafinil administration in these studies. However, the mouse study was inadequate because the high dose was not a maximum tolerated dose (MTD). In a mouse carcinogenicity study in which modafinil (the R-enantiomer of modafinil) was administered at oral doses of up to 300 mg/kg/day in males and 100 mg/kg/day in females for approximately 2 years, no tumorigenic effects were observed. The highest doses studied, which were considered MTDs, were associated with plasma modafinil exposures less than 2 (males) or 2 (females) times that in humans at the RHD of PROVIGIL.

Mutagenesis: Modafinil was negative in a series of *in vitro* (i.e., bacterial reverse mutation, mouse lymphoma), chromosomal aberration, human lymphocytes, and transfection in BALB/3T3 mouse embryo cells) or *in vivo* (mouse bone marrow chromosome) assays.

Impairment of Fertility: Oral administration of modafinil (doses of up to 400 mg/kg/day) to male and female rats prior to and throughout mating, and continuing in females through day 7 of implantation, produced no increase in the time to mate or the highest dose or effects were observed on fertility or reproductive parameters. The no-effect dose of 240 mg/kg/day was associated with a plasma modafinil AUC less than that in humans at the RHD of PROVIGIL.

14. CLINICAL STUDIES

14.1 Narcolepsy: The effectiveness of PROVIGIL in improving wakefulness in adult patients with excessive sleepiness associated with narcolepsy was established in two US *in vivo*, multi-center, placebo-controlled, parallel-group, double-blind studies of outpatients who met the criteria for narcolepsy. A total of 558 patients were randomized to receive PROVIGIL 200 or 400 mg/day or placebo. The criteria for narcolepsy included either 1) recurrent daytime naps or lapses into sleep that occur almost daily for at least three months, plus sudden bilateral loss of postural muscle tone in association with intense emotion (cataplexy); or 2) a complaint of excessive sleepiness or sudden muscle weakness with associated features: sleep paralysis, hypnagogic hallucinations, automatic behavior, disrupted major sleep episodes; and polysomnography demonstrating one of the following: sleep latency less than 10 minutes or rapid eye movement (REM) sleep latency less than 20 minutes. For entry into these studies, all patients were required to have objectively documented excessive daytime sleepiness, via a Multiple Sleep Latency Test (MSLT) with two or more sleep onset RERA periods and the absence of any other clinically significant acute medical or psychiatric disorder. The MSLT, an objective polysomnographic assessment of the patient's ability to fall asleep in an undisturbed environment, measured latency (in minutes) to sleep onset averaged over 4 test sessions at 2-hour intervals. For each test session, the subject was told to lie quietly and attempt to sleep. Each test session was terminated after 20 minutes if no sleep occurred or 15 minutes after sleep onset.

In both studies, the primary measures of effectiveness were 1) sleep latency, as assessed by the Maintenance of Wakefulness Test (MWT); and 2) the change in the patient's overall disease status, as measured by the Clinical Global Impression of Change (CGI-C). For a successful trial, both measures had to show statistically significant improvement.

The MWT measures latency (in minutes) to sleep onset averaged over 4 test sessions at 2-hour intervals before and after treatment with PROVIGIL. For each test session, the subject was asked to attempt to remain awake without using extraordinary measures. Each test session was terminated after 20 minutes if no sleep occurred or 15 minutes after sleep onset. The CGI-C is a 7-point scale, ordered from Change and Improving from Much Worse to Very Much Improved. Patients were rated by evaluators who had no access to any data about the patients other than a measure of their baseline severity. Evaluators were not given any specific guidance about the criteria they were to apply when using ratings.

Both studies demonstrated improvement in objective and subjective measures of excessive daytime sleepiness for both the 200 mg and 400 mg doses compared to placebo. Patients treated with PROVIGIL showed a statistically significantly enhanced ability to remain awake on the MWT at each dose compared to placebo at final visit (Table 2). A statistically significantly greater number of patients treated with PROVIGIL at each dose showed improvement in overall clinical condition as rated by the CGI-C scale at final visit (Table 3).

Negative sleep measured with polysomnography was not affected by the use of PROVIGIL.

14.2 Obstructive Sleep Apnea (OSA)

The effectiveness of PROVIGIL in improving wakefulness in patients with excessive sleepiness associated with OSA was established in two multi-center, placebo-controlled clinical studies of patients who met the criteria for OSA. The criteria include either 1) excessive sleepiness or insomnia, plus frequent episodes of impaired breathing during sleep, and associated features such as loud snoring, morning headaches and dry mouth upon awakening; or 2) excessive sleepiness or insomnia and polysomnography demonstrating one of the following: mean time for obstructive apneas, each greater than 10 seconds in duration, per hour of sleep and one or more of the following: frequent arousals from sleep associated with the apneas, brachyapnoea, and arterial oxygen desaturation in association with the apneas. In addition, for entry into these studies, all patients were required to have excessive sleepiness as demonstrated by a score ≥ 10 on the Epworth Sleepiness Scale (ESS), despite treatment with continuous positive airway pressure (CPAP). Evidence that CPAP was effective in reducing episodes of apnoea/hypopnea was required along with documentation of CPAP use.

In the first study, a 12-week test, a total of 327 patients with OSA were randomized to receive PROVIGIL 200 mg/day, PROVIGIL 400 mg/day, or matching placebo. The majority of patients (80%) were fully compliant with CPAP use, defined as CPAP use ≥ 4 hours/night on $\geq 30\%$ of nights. CPAP use continued throughout the study. The primary measures of effectiveness were 1) sleep latency, as assessed by the Maintenance of Wakefulness Test (MWT); and 2) the change in the patient's overall disease status, as measured by the Clinical Global Impression of Change (CGI-C) at the final visit (see Clinical Studies (14.1) for a description of these measures).

Patients treated with PROVIGIL showed a statistically significant improvement in the ability to remain awake compared to placebo-treated patients as measured by the MWT at final visit (Table 2). A statistically significant greater number of patients treated with PROVIGIL showed improvement in overall clinical condition as rated by the CGI-C scale at final visit (Table 3). The 200 mg and 400 mg doses of PROVIGIL produced essentially significant effects of similar magnitude on the MWT and also on the CGI-C.

In the second study, a 4-week test, 157 patients with OSA were randomized to receive PROVIGIL 400 mg/day or placebo. Documentation of regular CPAP use (at least 4 hours/night on 70% of nights) was required for entry into the study. The primary measure of effectiveness was the change from baseline on the ESS at final visit. The baseline ESS scores for the PROVIGIL and placebo groups were 14.2 and 14.4, respectively. At week 4, the ESS was reduced by 4.5 in the PROVIGIL group and by 2.3 in the placebo group, a difference that was statistically significant.

Negative sleep measured with polysomnography was not affected by the use of PROVIGIL.

14.3 Shift Work Disorder (SWD)